Ophthalmia, which is supposed to arise from the reflection of the sun from the sandy beaches near which all their villages are built, is so prevalent, that, to speak within bounds, not less than a fifth part of the population is affected with it.* In most cases it was observed to begin on the inner corner of the eye, whence it extends gradually over the pupil, until the sight is completely lost. As the disease advances, the thickness of the film increases, and when it has covered the eye, that organ becomes enlarged and appears to project. From appearances it would not be difficult to remove the film, and thus cure the disorder; but the natives have not made any attempt of the kind. Several cases of total blindness arising from this disorder were seen.

The venereal disease does not exist at Tutuila, and is hardly known in the other islands. This serves to prove how great a superiority this island possesses over Tahiti in the chastity of its females, who in general observe their marriage vow with strict fidelity.

Fevers are rare, and those of a remittent and intermittent type are unknown; in fact, the geological formation of these islands is by no means favourable to the generation of the miasmata that cause them.

No means of medical assistance are attached to the English mission, and the missionaries, therefore, can do but little in alleviating the maladies of the natives. Even their slight knowledge of remedies affords some alleviation, and their practice is far preferable to that of the natives, who always abandon to their fate those who are very ill.

Among the few curative means that the natives do employ is a sort of shampooing. This is performed by rubbing the body and limbs with the hands, at first gently, and gradually more and more roughly. These manipulations are applied as a restorative after fatigue, and to alleviate pain. For the former purpose they are effectual, and often abate, if they do not remove, the latter.

Among all the Polynesian islanders, the men of Samoa rank, in point of personal appearance, second only to the Tongese; and many specimens of manly beauty are to be seen among them. As much cannot be said of the women, who are rather ill-formed and stout. When very young, however, some of them are pretty, and their colour is light, being little darker than that of a brunette or South American Spaniard. The girls are lively, have a good expression of countenance, and, what is rare in Polynesia, have some degree of bashfulness.

The average height of the men is five feet ten inches, and some of

^{*} It is so common at Savaii, that at least one case of blindness, in one or both eyes, is to be seen in every family.