The oval formation of their faces approaches more to the Mediterranean than to the Negro type. Their forehead is high and broad, their nose prominent and not flat, their lips not so protruding as in the negro. The language of the Nubian races seems to possess no relationship to those of genuine negroes.

The Caucasian, or Mediterranean man (Homo Mediterraneus), has from time immemorial been placed at the head of all races of men, as the most highly developed and perfect. It is generally called the Caucasian race, but as among all the varieties of the species, the Caucasian branch is the least important, we prefer the much more suitable appellation proposed by Friedrich Müller, namely, that of Mediterranean, or Midland men. For the most important varieties of this species, which are moreover the most eminent actors in what is called "Universal History," first rose to a flourishing condition on the shores of the Mediterranean. The former area of the distribution of this species is expressed by the name of "Indo-Atlantic" species, whereas at present it is spread over the whole earth, and is overcoming most of the other species in the struggle for existence. In bodily as well as in mental qualities, no other human species can equal the Mediterranean. This species alone (with the exception of the Mongolian) has had an actual history; it alone has attained to that degree of civilization which seems to raise man above the rest of nature.

The characteristics which distinguish the Mediterranean from the other species of the race are well known. The chief of the external features is the light colour of the skin, which however exhibits all shades, from pure white or reddish white, through yellow or yellowish brown to dark