

position of this eminence in the middle of the great depression of the Forth allows it to command one of the most extensive landscapes in Central Scotland. Along the south side of the valley, as we look westward, rises the lofty escarpment of the volcanic sheets of the Campsie Fells [338]. Far to the west, beyond the flat plain of the Forth, the eye can follow the array of Highland peaks, till they are cut off by the high ridge of Old Red Sandstone forming the Braes of Doune [143, 216]. The links of Forth lie stretched out as in a map at our feet. Beyond them, to the north, the Ochils sweep boldly out of the plain, and stretch far to the east, in a line of precipitous slope formed by the successive escarpments of their volcanic sheets. Then come the volcanic cones of the Saline Hills in the west of Fife, the ridges of Queensferry and West Lothian, and, far to the east, the lion-shaped Arthur's Seat towering above the faint smoke of Edinburgh.

Many other interesting excursions may be made from Edinburgh as a centre. Among these the following may be mentioned: (1) Through Fife by railway to Largo [354], and thence along the coast to St. Andrews, where excellent examples of volcanic vents may be seen on the shore, and where the influence of volcanic rocks in the topography of the Lowlands may be studied (p. 456); (2) To Dollar and Alloa, where the Ochil Hills in their geological structure and topographical features present many instructive features, and whence the Saline Hills may be reached; (3) To the Falls of Clyde, and the gorge of the Mouse Water [350]; (4) To the Southern Uplands. As this last excursion opens up a wide district of the country, some more detailed information regarding it is here given.

7. PEEBLES, SELKIRKSHIRE—EASTERN PART OF THE SOUTHERN UPLANDS

The traveller who enters Scotland by any of the usual railway routes (pp. 421, 424, 427) has an opportunity of seeing from the train some of the more prominent features of the Southern Uplands [281]. If he would seek further acquaintance with the scenery of this region of Scotland, he can make an excursion into the south-eastern counties, where he will find many lines of road leading to the most typical localities in the district