

and moraine mounds fills up the valley between Fort-William and Banavie. **Fort-William**, as a centre for excursions, is referred to on the previous page. A projecting shoulder hides the top of Ben Nevis as seen from Banavie.

The long straight line of the **Great Glen** [141, 234, 246] can now be appreciated as the journey is slowly made through it. Notice the great waste of the more decomposable schists that rise from the sides of Lochs Lochy and Oich, and the ice-worn surfaces of the harder rocks that cross the valley at Fort-Augustus. Loch Ness is an admirable example of a deep glen-lake [235, 236]. Here and there, at its shallower parts, small deltas are creeping into it from the mouths of tributary streams. The Falls of Foyers are worthy of a visit as an illustration of the erosive power of a Highland stream, and are specially remarkable among Scottish cascades for the beauty of their forms and surroundings. Mealfourvie (2264 feet), that rises so conspicuously on the opposite side, is one of the most elevated masses of Old Red Sandstone in the country. Its position shows how old the valley of the Great Glen must be [141]. Skirting some high terraces of alluvium the canal strikes from Loch Ness to the sea, and brings passengers to the western outskirts of the town of Inverness.

16. OBAN BY SWIFT STEAMER TO SKYE AND ROSS-SHIRE

By this route some of the most characteristic and striking scenery of the west coast can be seen rapidly and to great advantage. The journey is taken through the Sound of Mull, between the terraced basalt slopes of Mull and Morven [125, 146, 147]. As we enter the Sound and look back, a splendid panorama of mountains meets our eye from Ben Nevis on the north, southward by Glencoe and Ben Cruachan to the Paps of Jura. The contrast between the plateaux basalts of the northern half of Mull and the conical forms of the eruptive rocks of the centre and southern half is best seen in approaching Salen. Rounding the headland of Ardnamurchan we notice the remarkable veins of dark basalt and gabbro which have been injected into the light-coloured Secondary sandstones and limestones. Then the wilds of Moydart and Arisaig open out to view. In front the most conspicuous object is the Scur of Eigg [150]. The low ice-worn islets of Arisaig form