Greenland and Spitzbergen.<sup>1</sup> The age in which we live is thus one of mediocrity, attaining neither to the Arctic rigour of the later Pleistocene, nor to the universal mildness of the preceding Miocene.

The causes of these changes of climate we have discussed elsewhere. It remains for us now to consider the actual condition of our present continents, and the bearing of past conditions on the distribution of their living inhabitants.

In speaking of continents and islands, it may be as well to remark at the outset that all the land existing, or which probably has at any time existed, consists of islands great or small. It is all surrounded by the ocean. Two of the greater masses of land are, however, sufficiently extensive to be regarded as continents, and from their very extent and consequent permanence may be considered as the more special homes of the living beings of the land. Two other portions of land, Australia and the Antarctic polar continent, may be regarded either as smaller continents or large islands, but partake of insular rather than continental characters in their animals and plants. All the other portions of land are properly islands; but while these islands, and more especially those in mid-ocean, cannot be regarded as the original homes of many forms of life, we shall find that they have a special interest as the shelters and refuges of numerous very ancient and now decaying species.

The two great continents of America and Eurasia have been the most permanent portions of the land throughout geological time, some parts of them having always been above water, probably from the Laurentian age downward, though at various times they have been reduced to little more than groups of islands. On them, and more especially in their more northern

<sup>&</sup>lt;sup>1</sup> As I have elsewhere shown, a warm climate in an Arctic region seems to have afforded the necessary conditions for the great colonizing floras of all geological periods.