here the water was shallow, and we had to proceed carefully for fear of running aground. We kept heaving the lead incessantly—we had 5 fathoms of water, and then 4, then not much more than we needed, and then it shelved to a little over 3 fathoms. This was rather too close work, so we stood out again a bit to wait till we got a little nearer the place before drawing in to the shore.

A boat was now seen slowly approaching from the . land. A man of middle height, with an open, kindly face and reddish beard, came on board. He might have been a Norwegian from his appearance. I went to meet him, and asked him in German if he was Trontheim. Yes, he was. After him there came a number of strange figures clad in heavy robes of reindeer-skin, which nearly touched the deck. On their heads they wore peculiar "bashlyk"-like caps of reincalf-skin, beneath which strongly marked bearded faces showed forth, such as might well have belonged to old Norwegian Vikings. The whole scene, indeed, called up in my mind a picture of the Viking Age, of expeditions to Gardarike and Bjarmeland. They were fine, stalwart-looking fellows, these Russian traders, who barter with the natives, giving them brandy in exchange for bearskins, sealskins, and other valuables, and who, when once they have a hold on a man, keep him in such a state of dependence that he can scarcely call his soul his own. "Es ist eine alte Geschichte, doch wird sie immer neu." Soon, too, the